

## PSY490 Internship Course

### Course Description

Provides students with opportunities for learning through practical experience in a professional setting. The intern will be given the chance to relate principles presented in textbooks and classroom settings to real-life situations, under responsible supervision.

*Prerequisites:* GE105, GE106, PSY150, PSY200, PSY260  
Credits: 3 term hours

Hellenic American University fully complies with federal requirements relating to Title IV program participation vis-a-vis the award of academic credit. The basic unit of credit at Hellenic American University is the semester hour. In a typical 15-week semester, each credit awarded corresponds to one contact hour of classroom instruction per week, which is supplemented by a minimum of two hours of appropriate out-of-class activities of appropriate academic rigor. At least an equivalent amount of work is required for other academic activities established by the institution, including E-learning courses, laboratory work, internships, practica, studio work, directed studies, independent studies and other academic work leading to the award of credit hours.

### Course Information

#### *Class Times*

Meeting with professors  
once every two weeks

#### *Class*

Supervisor's Office

#### *Credits*

3

#### *Instructors*

Tina Stathopoulou, PhD

#### *Office*

10 Massalias, 1<sup>st</sup> Floor

#### *Email*

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#### *Telephone*

210-3680078

#### *Office Hours*

Dr. Stathopoulou:  
M-W 13:00-14:00

### Course Objectives

This course will:

- provide the opportunity for students to actively examine their values, with respect to their roles both as individuals and professionals, within the broader social context
- provide the opportunity for students to understand the need for a sense of community and shared endeavor, while concurrently appreciating professional, cultural, and personal diversity
- help students develop sensitivity to the close interdependence between human beings and their physical and socio-cultural environment
- help students develop the personal integration of learning and experience, which forms the bedrock for personal and career development throughout life

### Learning Outcomes

Upon completion of this course, students should be able to:

1. actively examine their values, with respect to their roles both as individuals and professionals, within the broader social context

2. understand the need for a sense of community and shared endeavor, while concurrently appreciating professional, cultural, and personal diversity
3. show sensitivity to the close interdependence between human beings and their physical and socio-cultural environment
4. initiate the personal integration of learning and experience, which forms the bedrock for personal and career development throughout life

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### **Course Requirements**

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In order to successfully complete the course, the student must:

- Attend and participate the Biweekly University Supervision Sessions with designated supervisor
- Attend and participate the Site Supervision Sessions as agreed upon with Site Supervisor
- Submit the Monthly Progress Notes to the University Supervisor
- Submit the Weekly Journals to the University Supervisor
- Submit a final review and progress of the case and of his/her experience to the Site Supervisor
- Follow the appropriate professional and ethical conduct
- Earn satisfactory evaluation from University and Site Supervisor
- Attend one University Counseling Awareness Event or Psychology Department Community Event and submit a summary and a self-reflection paper

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### **Intern Expectations**

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The intern is expected to:

- exhibit responsible behavior with regard to reliability, confidentiality, personal appearance and professionalism in all relations with clients, supervisors, and members of staff, abiding by the rules and regulations of the internship agency at all times,
- initiate the preliminary interview with the placement setting to determine mutual suitability for the assignment or, alternatively, to immediately arrange for a different placement,
- for the duration of the semester, will spend a minimum of six hours per week within the internship setting, under the direction of a specified supervisor,
- attend the biweekly class meetings to share concerns and insights, and to discuss more general aspects of the internship experience,
- maintain a journal, which is to be submitted on blackboard with password protection, and
- organize a presentation of some aspect of the internship experience, either individually or with other interns.

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### **Guidelines for Journal Entries**

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The journal is an opportunity for students to bring together the theoretical concepts and principles learned in psychology courses and the reality of attempting to apply them in a professional setting. It will provide students with the possibility of preliminarily clarifying values and goals as a future professional and reflecting upon several critical issues in an organized manner. Amongst other issues, journal entries could focus on:

- the inter-relationships of theory and practice and the relevance of particular theories and concepts to specific work settings,
- the difficulties faced by the internship setting in implementing its goals, the issues which are being successfully addressed, and problems that could be dealt with more effectively, or
- personal concerns and questions raised through interaction with the agency, or via issues raised in class discussions.

The main purpose of the journal is to prompt greater awareness of the student's own feelings and beliefs through his or her experiences within a real work setting. The student could, for instance:

- question the approach(es) used and suggest alternative intervention strategies which could extend, modify, or even wholly reject the setting's current practices,
- begin to formulate a personal philosophy regarding the helping professions,
- review (and possibly revise) aims and values,
- explore assets and liabilities, and
- establish his or her suitability for the specific professional setting.

Journal entries will be treated in the strictest confidence and will be evaluated on the basis of their thoroughness in approaching issues and the depth of questioning and thinking that they display.

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### Course Textbook

Required: textbooks from all previous courses

### Supplemental Reading:

Supplemental materials will also be available electronically through **Blackboard Learning System** at <http://e-learning.hau.gr> OR handed out in class.

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### Course Tentative Schedule

Week	Date	Assignments	
Week 1		Submission of Weekly Journal	
Week 2		Submission of Weekly Journal University Supervision Session	
Week 3		Submission of Weekly Journal	
Week 4		Submission of Weekly Journal Monthly Progress Note Submission University Supervision Session	
Week 5		Submission of Weekly Journal	
Week 6		Submission of Weekly Journal University Supervision Session	
Week 7		Submission of Weekly Journal	
Week 8		Submission of Weekly Journal Monthly Progress Note Submission University Supervision Session	
Week 9		Submission of Weekly Journal	
Week 10		Submission of Weekly Journal University Supervision Session	
Week 11		Submission of Weekly Journal	
Week 12		Submission of Weekly Journal Monthly Progress Note Submission University Supervision Session	
Week 13		Submission of Weekly Journal	
Week 14		Submission of Weekly Journal	

Week	Date	Assignments	
Week 15		Submission of summary of the case and student's experience to the Site Supervisor	
		Submission of Weekly Journal Monthly Progress Note Submission University Supervision Session	

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### Assignments

The assignments for this class will be in the form of individual homework. Each student will submit assignments at a predetermined date and time **through Blackboard**. More information about these assignments will be given at a later time.

#### *Make-up and Late Assignments*

Students are expected to manage their time appropriately so as to submit their assignments on time. Late assignments will receive no credit. Exceptions to this rule will be considered on an individual basis.

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### Method of Evaluation

Grading for assignments and exams will be on a scale of 0 to 100. Final grade will be computed by weighting all scores as follows:

Professional and Ethical conduct	10
*Attendance and participation of University and Site Supervision Sessions**	30
Weekly journals	15
Evaluations by site supervisor and university supervisor	25
Monthly Progress Notes	15
Submission of summary of the case and student's experience to the Site Supervisor	5
	100

*\*Attendance: shows responsibility in scheduling the biweekly supervision scheduling sessions and rescheduling in case of unavailability; time punctuality.*

**\*\*Students are required to participate in one University Counseling Center Awareness Event or Psychology Department Community Event. Attendance of this event will require a brief summary of the information presented at the event (approximately 1-2 paragraphs typed) followed by a personal reflection of the event. This will count as 5% of your participation grade.**

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### Policies and Procedures

*Attendance* Students should follow the university Add-Drop policies as defined in the catalog and *Student Handbook.Policy*.

Class participation and attendance are an integral part of the University's education policy: "Our mission requires of us that we pursue excellence in education...We are therefore committed to following the best practices of American higher education that encourage and require punctuality as well as attendance."

*Plagiarism Policy:*

Students are responsible for performing academic tasks in such a way that honesty is not in question. Academic Honesty Policy in the University Catalog states: "plagiarism is defined as copying another student's work, lending work to another student or representing extracts or whole articles and texts from books or handouts as one's own work". More details on this policy can be found in your *Student Handbook*.